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Project INTERFACE Newsletter

Volume 1, Issue 7

Dear Mental Health Professionals:

Thank you for contributing to the success of Project INTERFACE. You are one of more than five hundred providers currently participating in this important initiative.

We continue to receive overwhelmingly positive feedback from both providers and parents. We recently heard from Susan Spector, LICSW with the Department of Developmental Services who gave us permission to share this response:

"Project INTERFACE was extremely helpful finding a local psychiatrist who accepts MassHealth. Given my high caseload, I am so appreciative of your assistance in getting the appropriate services for this family. I was truly amazed that not only did you give me the names of doctors, but that you helped with the initial screening by making the calls for me. The service of accessing appropriate community mental health care for families in Waltham that WarmLines and Project INTERFACE provides is greatly needed and valued. On behalf of this Waltham family, I thank you for your wonderful service."

The volume of calls to the Project INTERFACE Helpline continues to increase as more individuals learn about our valuable resources and more communities bring our provider referral service to their residents. Therefore, it is even more important that all information in our database be as accurate and up-to-date as possible. This will enable our referral specialists to connect professionals like you with the most appropriate clients.

We need to collect additional information about specific insurance plans which you accept, including MassHealth. Please update your provider profile, answer the new questions related to insurance, and make any other changes needed. You may e-mail us at interface@warmlines.org to receive instructions for easy updating online. If you prefer, you may update by phone at 617-332-3666 ext. 411.

Thank you in advance for responding to this e-mail. We look forward to receiving your updated profile, sending you appropriate referrals, and working together to improve access to mental health services.

Spotlight on Upcoming Events

Free Workshop for Family Support Professionals: Parenting Focus-Temperament

Date: Wednesday, January 13, 2010

Time: 10:30 am

Location: Children's Trust Fund, 55 Court St., Boston

This training provides family-support professionals the opportunity to learn new methods of working with parents while getting hands-on experience with the resources available through Children's Trust Fund's Parenting Education Curricula Lending Library. Additional workshops dates/topics include: March 10, 2010: When Your Kids Push Your Buttons. May 5, 2010: Parent/Child Communication: Helping Parents use Books as Conversation. June 9, 2010: When Your Child Drives You Mad: Understanding and Managing Anger in Ourselves and Our Children. Go to www.mctf.or/sp.aspx?id=634 for a more complete description of each workshop. These workshops will fill up quickly. So please register early to ensure your spot. For more information or to register, please contact Janel Mackey at (617) 727-8957 Ext. 8742 or email janel.mackey@state.ma.us.

Sponsored by: Children's Trust Fund

Continuing Education for Mental Health Professionals

Clinical Consultation and Intervention with Young Children and Their Families: Supporting Emotional, Behavioral and Developmental Mastery

Date: Saturday, January 30, 2010. Pre-registration is required.

Time: 9:00 am- 4:00 pm

Program No: YC60

CE Credits: 6 CE Credits

Tuition: \$110

Location: WarmLines: 225 Nevada Street, Newtonville, MA 02460

When young children are struggling at home or in school, parents often seek guidance from mental health professionals on how to support healthy development. This program focuses on the ongoing process through which parents learn to change patterns at home in order to foster their children's emotional, behavioral, and developmental mastery. Offering an easily shared framework with which to help these adults understand common early childhood difficulties- and a detailed look at the down-to-earth strategies that support growth- it focuses on young children's difficulties regulating emotion, attention, and energy, controlling impulses, and on being engaged, flexible, and empathic friends and family members. The consultative process is illustrated through engaging case material, illuminating the complex and important work practitioners do to help 3- to 7-year-olds and the adults who care for them.

For more information and to register, please visit www.mspp.edu/academics/continuing-education/programs/yc60.asp.

Tips for Updating your Project INTERFACE Profile

How to Get More Referrals

- Make sure your profile information is complete, accurate and up-to-date.
- Include a description of your practice, since this information is particularly helpful in making appropriate referrals.
- Update the types of insurance you accept; we have had an increasing number of requests for providers who take MassHealth.
- Mention any languages you speak other than English: we have had an increasing number of requests for Spanish-speaking providers.

For more about Project INTERFACE, visit www.projectinterface.org

Recent Article

Therapy in Preschools. Can It Have Lasting Benefits?

"Advocates say that mental-health help in preschools is an efficient way to help children learn lifelong social and emotional skills they need."

Read more at online.wsj.com/article/SB10001424052970204348804574400612690410766.html.

Project INTERFACE at WarmLines
A subsidiary of the Freedman Center at MSPP

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